



WA - CCER

The Washington Association for Career Counseling & Employment Readiness

JUNE 2018 NEWSLETTER

MESSAGE FROM THE PRESIDENT

The 17-18 school year is rapidly coming to a close. It seems to happen faster and faster every year.

Probably the hardest experience for me is saying good bye to my graduating seniors. After working closely with many of them for 2 years, I'm familiar with their struggles, challenges and successes. My guess is many of you have the same experience as your students move up a grade, leave your school and also graduate. It's tough with some students and a great relief with others :)

I wanted to thank you all for the hard work you invest in families. You make a difference in the lives of students and those that love them—which is what it's all about. My personal goal is to encourage and assist all students—but to



make sure they know I'm not going to work harder than they are when it comes to their own success.

With only a few days left before the last student leaves for the summer, I hope you manage to check all those boxes off your task list, enjoy the smiles of students as they move into the next phase of their lives and take the time to personally just sit in the sunshine and enjoy that moment in time. Some days have been easy, some difficult and a few almost unbearable. But I can assure you its all been worth it. What you do is incredibly important and makes a difference. Hang in there and hopefully I will see many of you at summer conference in Spokane.

THANK YOU
Nora Zollweg, WA-CCER President

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SUMMER CONFERENCE SERVICE OPPORTUNITY

This year WA-ACTE is supporting a blood drive and Be the Match event during summer conference. President Elect Shani Watkins wanted to sponsor an activity that (1) didn't require participants to bring items to conference, (2) didn't cost a significant amount of money and (3) would make a difference to people in the Spokane area. Interested? This is how you can take part in our event.

Blood Drive—During conference the Inland Northwest Blood Center will set up a blood donation area. There are requirements for donating blood—see the INBC staff for further information.

Be the Match—For the thousands of people diagnosed every year with life-threatening blood cancers like leukemia and lymphoma, a cure exists. Over the past 30 years Be The Match[®], operated by the National Marrow Donor Program[®] (NMDP), has managed the largest and most diverse marrow registry in the world. To take part in this organization's goal to help people with these life-threatening issues, you can join the Bone Marrow registry and take your first step to being someone's cure. - Additional information will be available at summer conference.

2018 WA-CCER SCHOLARSHIP WINNERS!!!

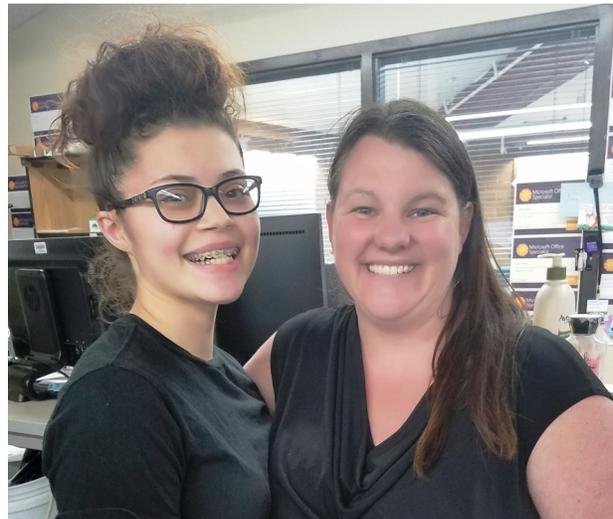
This year WA-CCER was delighted to offer three \$500 scholarships to deserving students in our state. The winners are Jacqueline Montes of Pasco High School (No Picture Available), Jordyn Olson of Lindbergh High School (Renton) and Sarah Cabarteja of Lindberg High School (Renton).

Scholarship Chairman Joe Derrig received a total of 12 scholarship applications this year. He was very impressed with the quality of the applications, including the written essays and ability of each applicant to “tell their story.” The committee worked over time to decide on the three students who were awarded the scholarships.

WA-CCER wishes each of the winners and other applicants success upon graduation and encourages them to work hard to achieve their dreams.



Sarah Cabarteja and her WBL Coordinator Terry Derrig



Jordyn Olson and her JWG Specialist Kara Crum



ITS TIME TO TELL YOUR KIDS IT DOESN'T MATTER WHERE THEY GO TO COLLEGE

Stixrud, William. "Where You Go to College Doesn't Matter in Your Career." *Time*, Time, 22 Mar. 2018, time.com/5210848/prestigious-college-doesnt-matter/?iid=sr-link1.

When my daughter Jora was in high school, she went to a talk I gave on the adolescent brain, during which I pointed out that high school grades don't predict success very well. On the way home she said, "Great talk, Dad, but I bet you don't really believe that bit about grades." I assured her that I did. To prove it, I offered to pay her \$100 if she got a 'C' on her next report card — in any subject.

We've all heard the familiar anxiety-inducing nostrums: That a screw-up in high school will follow you for the rest of your life. That if you don't get into Harvard or Yale, you'll never reach the c-suite. That the path to success is narrow and you'd better not take one false step. I have come to think of this unfounded belief system as what we psychologists call a "shared delusion."

So why don't we tell our kids the truth about success? We could start with the fact that only a third of adults hold degrees from four-year colleges. Or that you'll do equally well in terms of income, job satisfaction and life satisfaction whether you go to an elite private college or a less-selective state university. Or that there are many occupations through which Americans make a living, many of which do not require a college degree.

I am not against being a good student, and there are clear advantages to doing well in school. But you don't need to be a top student or go to a highly selective college to have a successful and fulfilling life. The path to success is not nearly so narrow as we think. We've all heard the stories of the college dropout who went on to found a wildly successful company. I myself was a C+ student in high school who flunked out of graduate school. At one point I went for 20 weeks without turning in a single assignment. (I often tell the underachievers I see in my practice: "Top that!") Long story short, I managed to do pretty well in life, and I credit my failure in graduate school with leading me to a career more in line with my skill set. The problem with the stories we're telling our kids is that they foster fear and competition. This false paradigm affects high-achieving kids, for whom a rigid view of the path to success creates unnecessary anxiety, and low-achieving kids, many of whom conclude at a young age that they will never be successful, and adopt a "why try at all?" attitude. Many of these young people engage in one of the most debilitating forms of self-talk, telling themselves either, "I have to, but I can't," or "I have to, but I hate it."

Why do we encourage our children to embrace this delusional view of what it takes to be successful?

I've asked various school administrators why they don't just tell kids the truth about college — that where you go makes very little difference later in life. They'll shrug and say, "Even if we did, no one would believe it." One confided to me, "We would get angry calls and letters from parents who believe that, if their children understood the truth, they would not work hard in school and would have second-class lives."

Many adults worry that if their kids knew that grades in school aren't highly predictive of success in life, they'd lose their motivation to apply themselves and aim high. In fact, the opposite is true. In my 32 years of working with kids as a psychologist, I've seen that simply telling kids the truth — giving them an accurate model of reality, including the advantages of being a good student — increases their flexibility and drive. It motivates kids with high aspirations to shift their emphasis from achieving for its own sake to educating themselves so that they can make an important contribution.

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ITS TIME TO TELL YOUR KIDS CONTINUED...

An accurate model of reality also encourages less-motivated students to think more broadly about their options and energizes them to pursue education and self-development even if they aren't top achievers. Children are much more energized when they envision a future that is in line with their own values than when they dutifully do whatever they believe they have to do to live up to their parents' or teachers' or college admissions boards' expectations. We don't inspire our kids through fear. We inspire them by helping them to focus on getting better at something, rather than being the best, and by

encouraging them to immerse themselves in something they love. So if you want your kids to succeed in life, don't perpetuate a fear-based understanding of success. Start with the assumption that your children want their lives to work. Then tell them the truth: That we become successful by working hard at something that engages us, and by pulling ourselves up when we stumble.



L&I TIPS FROM JOSIE BRYAN

Did you know...

There are several exemptions that allow 16-17 year olds in non-agricultural employment to work more than the allowable hours during the school year. If the teen has graduated from high school, received GED, enrolled in college courses (e.g. running start), named on a valid certificate of marriage or as a parent on a valid certificate of birth, they may work according to the non-school weeks hours year round, schedule below.

Hours and Schedules Minors are Permitted to Work in Non-Agricultural Jobs

	Hours a Day	Hours a Week	Days a Week	Begin	Quit
16-17 year-olds					
Non-school weeks	8 hours	48 hours	6 days	5 a.m.	Midnight

Employers should keep a copy of corresponding documentation as proof that the teen falls under any one of these exemptions to present in case of an audit. For example, if the teen is enrolled in running start, employers should get a copy of the student's college transcript with the enrollment year, college's name and the teen's name clearly shown. If the teen has graduated from high school or obtained their GED, employers should get a copy of the teen's high school diploma or GED certification, etc.

Please note, even if the teen falls under one or more of the above exemptions, the rest of the child labor laws still apply. Employers must still obtain a minor work permit on their business license, have a signed Parent School Authorization form on file, supply meal and rest periods and may not work minors in any prohibited occupations as outlined in WAC 296-125-030.

Emancipated Minors— 16-17 year-old minors that are emancipated by court order are not governed by limitations under the Hours of Work regulations and do not require a Parent School Authorization form. Emancipated minors must still be provided required meal and rest periods and cannot work in prohibited duties. Employers should also keep a copy of the minor's court order on file.

INTERESTED IN JOINING WA-CCER?

What's in it for you...	 <p>Washington Association for Career Counseling and Employment Readiness</p> <p>WACCER promotes Career Choices and Work-Site Learning, Career and College Readiness, and Jobs for Washington Graduates as integral and important to education programs in the State of Washington. If you teach any of these CTE programs, if you are a Career Counselor or WBL Specialist, this is the place for you.</p>  <p>Sign up at www.waccer.org</p> <p>Contact: Nora Zollweg, President Phone: 360.473.0559 E-mail: nora.zollweg@westsoundtech.org www.waccer.org</p> 
Professional Development	
Conferences	
Networking	
Specialized Resources	
A voice within WA-ACTE	



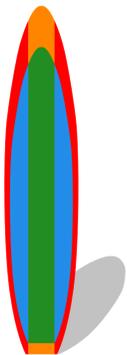
Hope to see you at WA-ACTE Summer Conference

Theme: CTE...Connecting Education and Careers

August 5-8, 2018

Spokane, WA

The Davenport Grand Hotel



Paper and online registration available at wa-acte.org/confsummer.php